

Guidelines for Summer 2020 Outdoor Rec Activities:

If anyone is sick or experiencing any of the following symptoms, please remain home. If anyone is showing signs of any symptoms while at the complexes you may be asked to leave.

- Coughing
- Muscle Pain
- New loss of taste or smell
- Fever
- Headache
- Shortness of Breath
- Chills
- Sore Throat
- Difficulty with Breathing

Practices

- One team per field
- Practice is limited to 1 hour.
- Split teams into small groups.
- No team water coolers. Players must bring their own water bottle and have their name clearly marked on that bottle.
- We encourage parents to purchase or provide own batting helmets and bats for their players. Equipment will be provided but if shared will need to be sanitized between uses.
- Avoid dugout use at practice.
- Sunflower seeds and other items that require spitting shall be prohibited.
- Practices will be closed to the public. Parents and spectators are not allowed to practices or they must wait in their vehicles in the parking lot.

Games

- No limits on group size.
- No player or coach may enter the dugout until the current team, equipment is out of the dugout, and the benches are sanitized.
- Pre-game coin flips will be held with one coach per team and one umpire. Coaches and umpires should not shake hands or have any physical contact.
- Base coaches must remain 6 ft. distances and cannot touch a runner or player on or off the field.
- Mound visits must maintain 6 ft. distances.
- Catchers gear will be wiped down after use or before any catcher substitution.
- No team water will be allowed. Players must bring their own water bottle with their name.
- Sunflower seeds are prohibited.
- Spectators must stay outside the fence lines while observing social distancing. The dug out area will be extended for players to spread out in the dugout. All bleachers will be closed for the 2020 season, so please bring your own seating.
- Players and coaches will only enter and exit through their dugout.